

**CHAPTER 6: APNEE KATHA**  
**(SELF NARRATIVE, SRI GURU GOBIND SINGH)**

**CHAUPAVEE**

Now I am going to narrate my own story;  
I got to know the technique through hard meditation.  
Where lies the snow covered Hem Kunt in Himalayas,  
Where seven peaks are gracing near to each other. (1)

That location is called 'Seven Peaks';  
Where the father of five Pandavas, second son of Shaantnoo Raja,  
meditated\*;  
There I resolved to do excessively and extremely hard penance,  
And I worshipped the Supreme-death, God, Kalka. (2)

This way my disposition had become such  
That from two, God and myself, we had merged into just one.  
I worshipped the Formless, who is above any worldly elements,  
And I adopted many ways to hard penance. (3)

I did so much and such a service to the Lord  
That He became extremely pleased with me.  
Then, He gave me a command, and  
Only then I took birth in this world (in Kalyug). (4)

I didn't want to come down to the earth  
Because my internal vision was fixed in the feet of the Waheguru;  
The Lord gradually counseled with me, and  
Finally, sent me to this world. (5)

**DESCRIPTION OF AKAAL PURKH**  
**THROUGH THIS LOWLY CREATURE, SRI GURU GOBIND SINGH**  
**CHAUPAYEE**

When I, the Akaalpurakh, first created the universe,  
Amongst my creations turned out to be miserly-inflicting-demons;  
They became mad with their mystical and muscular powers, and  
They would not worship the adorable Creator. (6)

\* Yaadovanshi Raja Shaantnoo's second son who was the father of Yudhishtar, Bheem, and Arjan, etc, the five pandvaas

Then, out of anger, I destroyed them all in a short time;  
And, instead, I created gods and angels.  
They, too, mustered considerable power and glorification;  
And, started assuming to be God themselves. (7)

Shiva started to call himself Immortal;  
Vishnu also equated himself to the Creator;  
Brahma called himself the Supreme, and  
No one considered the Lord as the Lord. (8)

Then, I (Waheguru) created eight witnesses, the sun, moon, fire, wind,  
Yamma, element, axis and Dhruv,  
To certify the existence of the Lord;  
And ordered them to worship the Akaalpurakh, and declared  
That there was no one else worshippable. (9)

Those who didn't, or couldn't, recognize the Supreme;  
Started calling themselves as the Ultimate.  
Many started worshipping the Sun and the Moon,  
And many accepted the powers of fire and the wind. (10)

Some called the stone, the Saligram, the Waheguru;  
Some, taking the baths regularly started calling the water, the  
Supreme.  
Many got scared indulging in various forms of acts and imitations,  
But Dharamraaj recognized and accepted only the Infinite. (ii)

When the Omnipotent could produce witnesses for His cause;  
When they came to this world, they would start calling themselves the  
Divinity;  
The real meaning of the Immortal would be forgotten;  
They all got worried about their own glory and splendor. (12)

When none of them accepted the existence of the Eternal,  
The Lord created the progeny of the mind, the human beings;  
They, too, got under the influence of worldly attachments,  
And started assuming the statues, and idols of stone as the Providence.  
(13)

Then the Lord created the saints and seers;  
They, too, didn't acknowledge the All-powerful.  
If someone was made intelligent and wise enough,  
He/she, too, started his/her own sect or religion. (14)

No one recognized or attained the Supreme Being;  
In fact, they all increased the divisions and ambiguities;  
They would promulgate their own traditions and rules,  
And, no one would, after having been indoctrinated by the cult leaders,  
follow Akaalpurakh's commands.  
(15)

Whosoever attained even an iota of 'powers',  
Would initiate their own religious divisions;  
No one gave cognizance to the Creator;

Rather, became mad and insane by continuously indulging in covetedness  
(ego, I am).(16)

The principal essence was not recognized nor appreciated by any one;  
Each one was involved in a variety of vanities;  
Again, when He created kings and ascetics;  
They, too, initiated actions in favor of their own memories - Simritis.  
(17)

As they became devotees of these memorial descriptions,  
They went farther and farther away from the tradition of the  
Omniscient;  
Those who concentrated in the feet (humility) of the Benefactor,  
They did not come even near the tracks of the Simritis. (18)

Brahma created four Vedas,  
And preached only the actions and deeds prescribed/described therein  
and made them prevalent amongst the people;  
Those whose concentration was confined to the love of His feet,  
Would have abnegated themselves from the Vedas. (19)

Those who relinquished their dependence on books and Vedas,  
They became the true adherents of the Preserver;  
Their advice was based on true sermons,  
Many miseries of various kinds were ground and destroyed under them.  
(20)

Those who even bore tortures over their bodies, (to be able to attain  
Him)  
They would not give up their adoration for the Lord; (this is a strange  
paradox)  
They would gradually move towards the land of Waheguru;  
And, then, there remained no difference between them and the Absolute.  
(21)

Those who were terrified by the books, the Vedas,  
They would abandon His path, and acquiesce to their commands;  
They would, ultimately, go to the hell, inferno region, and  
Would continue to be revolving in the cycles of births and deaths. (22)

Then the Lord created Duttatrey, the founder of ascetics (jogis);  
He, too, started his own religion;  
He decorated his hands and nails, and locks of his hair,  
But did not follow the teachings and the advice of the Preserver. (23)

With Akaalpurakh's blessings was created the Gorakh,  
His disciples considered him, the Gorakh, the loftiest king;  
Piercing their ears, they wore earrings, and  
Did not pay attention to either the love of God or the modes of  
meditation. (24)

The Lord, then, blessed Ramanand;  
He clad himself like a recluse;  
He started wearing and playing with a necklace of wood;  
No one ever thought about the practices and the traditions of the  
Absolute. (25)

If God created saintly persons,  
They, too, directed people towards their own self styled paths;

God, then, created Mohammed, and  
Bestowed upon him the kingship of Arabia. (26)

He, too, created another religion, and  
Produced princes without the religious symbols, hair, sacred thread,  
and their complete form;  
He made everyone to meditate on his own name, and  
He never preached nor confirmed the name of the Truth, the Waheguru.  
(27)

Everyone pushed his own concepts, and  
No one gave recognition to the Infinite Spirit;  
Then, the Gum says, "The Lord called me while I was meditating; and  
He said the following and sent me to this world". (28)

**AKAALPURAKH BAACH**

**CHAUPAYEE**

I am designating you as my son;  
I am extending the privilege to you of being my son)  
I am creating you to spread my message;  
You organize a true religion down there in the world,  
And prevent the worldly people from falling into the practice of fake  
actions (in stead of remembering Waheguru). (29)

**DOHRAA**

I, (Gobind Singh), then stood up with folded hands,  
And said some words with a bowed head.  
The path of 'truth' can prosper in this world only  
If You, the Waheguru, are by my side. (30)

**CHAUPAYEE**

For this mission, I was sent to the earth;  
Then, I took birth in this materialistic world.  
I am relating to you, the worldly people, exactly the way, Akaalpurakh  
told me;  
I will not invite animosity from any one else. (31)

Those people who would call me (Gobind Singh) the Immortal Waheguru  
Would be thrown into deep hellish infernos;  
Consider me the servant of the Infinite; but  
There is not even an iota of a difference bewteen Him and me. (32)

I am the servitor of the Supreme Being;  
I have come to observe the worldly drama;  
I am saying whatever the great Master of the universe has asked me to  
say;  
I will not remain quiet for the mortal world. (33)

**NARAAJ CHHAND**

I am conveying exactly whatever the Lord said;  
I am saying it all without any bias or favor to anyone;  
I will not blend with anyone's fakery;

Rather, I will sow the seeds for the unaccountable Waheguru's Naam.  
(34)

I do not worship the statues of stone (or the stone):  
Nor do I get impressed with anyone's guise;  
I sing the praises of the Naam of the Endless;  
And I have attained the Ultimate, the Waheguru. (35)

I will not acquire the matted hair (tresses);  
Nor will I wear big earrings;  
I will not favor anyone;  
And will do only whatever the Everlasting dictates me to do. (36)

I will worship only One's Naam, and only one Naam;  
That can be employed and be useful under all circumstances;  
I will not worship anyone else  
Nor will I seek anyone else's support and protection. (37)

I have meditated only on the Naam of the Infinity;  
Have attained the Supreme Flame, the Immortal Lord;  
I do not meditate on any other's name  
Nor will I ever utter anyone else's name. (38)

I am engrossed only in One's Naam,  
And am not involved nor interested with egotistic or vane thoughts;  
I am contemplating on the Supreme Waheguru;  
Thus, am able to wipe off endless sins. (39)

I am permeating only Your shape and form, O Waheguru!  
I will not be happy in someone's donations nor will I be contended in  
someone's giving any kind of alms; neither of these activities will  
give me pleasure.  
I will repeat only His Naam,  
Which will erase countless misdeeds. (40)